



Taking medication from the UK to the Netherlands

Taking controlled drugs or substances from the UK to the Netherlands – Taking medication from the UK to the Netherlands – Apply for a Personal licence with the home office

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Controlled drugs (like methadone) are considered narcotic drugs and it is therefore forbidden to take them into the Netherlands and if you do you are liable to punishment. However between the countries is agreed that some controlled drugs for instance Methadone are allowed if it is for one's private use only and for a maximum of 30 days.

Entering the country you need:

A written statement from the doctor that prescribed the medication to you wherein at least is stated

- I. Name, contact details, signature and stamp from the doctor of the Medical Centre
- II. How long the trip will last
- III. Statement that methadone is only for personal use
- IV. The form (liquid, tablets etc) in which the methadone will be brought into the Netherlands

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Directgov.uk

http://www.direct.gov.uk/en/DisabledPeople/TravelHolidaysAndBreaks/PlanningATrip/DG_4018622

English website

National Travel Health Network and Centre

+ 44 20 3447 5943

<http://www.nathnac.org/travel/factsheets/medication.htm>

nathnac@uclh.nhs.uk

English website
Contact information

Apply for a personal licence with the Home Office

Travellers will need a personal export or import licence if:

- I. They are travelling with controlled drugs for more than 3 months
- II. They are carrying more than a 3 months' supply of controlled drugs

Home Office

+44 20 7035 8972

<http://www.homeoffice.gov.uk/drugs/licensing/personal/>

licensing_enquiry.aadu@homeoffice.gsi.gov.uk

English website
Contact information

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